

## Connexions Young People's Helpline

We understand that you will be uncertain about your exams and worried about your next step but Connexions is still here to help and support you, even though we are working in a different way.

**Our helpline is open Monday to Friday from 10.00am to 4.00pm.**

Our friendly team of advisers can offer you information, advice and guidance, not just about careers, but any questions about other matters like finance, college applications or just to talk to someone about your situation and how to cope.

If we can't answer your question, we will put you in touch with the right people who can give you the support you need.

**How to contact us:**

**Young People's Helpline: 0161 253 7733**

**Email: [connexions@bury.gov.uk](mailto:connexions@bury.gov.uk)**

If the line is busy, please leave your name, telephone number and a message and someone will get back to you.

We are here to help and just listen if you want to talk.

Keep safe

Connexions Bury